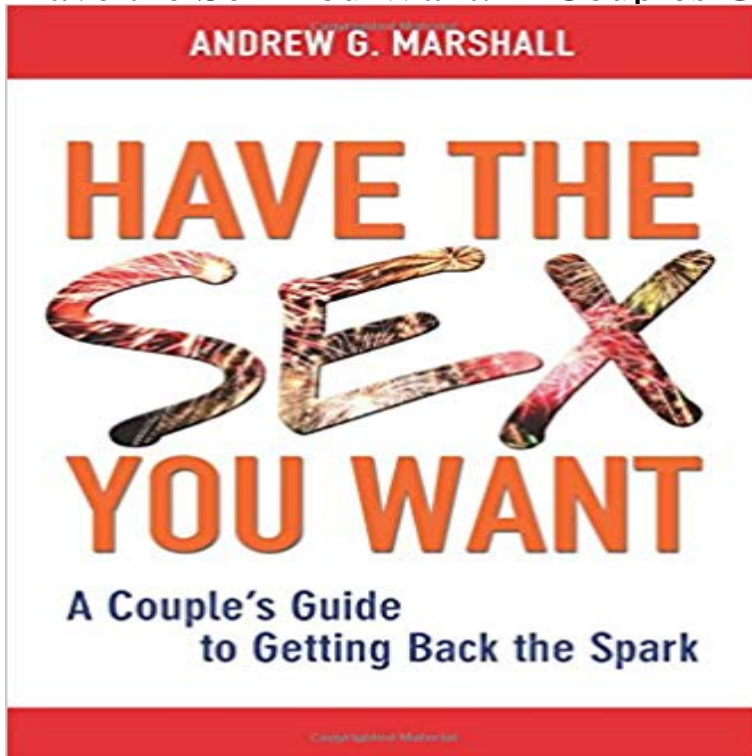


Have the Sex You Want: A Couples Guide to Getting Back the Spark



No more excuses for a sexless relationship. Here's a program that finally gets to the root of a silent epidemic. Andrew G. Marshall, Great Britain's premier relationship expert and author, brings to the States his research-based program for ending obligatory going through the motions sex. In *Have the Sex You Want*, Marshall moves away from the symptoms and causes of low-sex and sexless relationships, and digs immediately into offering the cure—a 10-week program that strips lovemaking down to its basics and eliminates bad habits that are driving couples apart. Couples relearn how to turn each other on, set their fantasies free, and introduce new ideas that will turn their lovemaking into an erotic, passionate, connected experience. At the heart of Marshall's program is establishing safe communication and trust without feeling fear, shame, or resentment. Marshall's secret to engaging in fulfilling and plentiful sex, is to avoid it completely—a paradox that has proven time and time again to work. From the beginning of the program, couples engage in *A Month of Sensuality*—four weeks of understanding their own erogenous zones, discovering their partners' body, and introducing sensual touching and kissing. This back-to-basics approach, which puts sex off limits, takes the pressure off, does wonders for libido, teaches couples how to slow down and be present and check-in with each other about their pleasure, and urges them to schedule intimate time—time that is usually hijacked by hectic schedules, demanding children, and household and career duties. After they have completed *A Month of Sensuality*, couples graduate through two more phases that lead them to learn about different types of fantasy, orgasm, masturbation, and communication regarding what they want and need to not only have the sex they want, but the sex they always imagined they'd have. Andrew Marshall's progressive

methods to bring a couple back together physically, sexually, and emotionally are practical and pleasurable and guaranteed to give you what you and your partner deserve?an active, erotic, transformative sexual relationship.

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