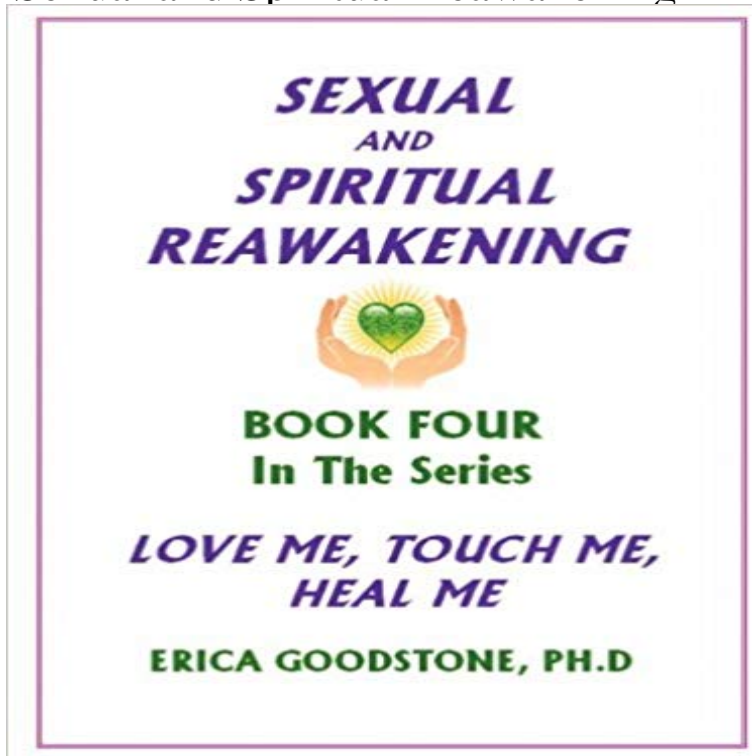


## Sexual and Spiritual Reawakening



Sexual and Spiritual Reawakening is a simple guide to help you live a more fulfilling, meaningful, and joyful existence. We are all sexual beings. We are all spiritual beings. When we allow our heart to feel love and our body to feel pleasure, we are sexual. Connecting to our spiritual nature and spiritual potential brings us an accepting appreciation of life. Knowing our spiritual essence provides emotional strength and calmness in the face of stormy life issues, problems and concerns. The goal of this book is to bring you out of yourself and into the joy of connection with others and with all that exists.

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