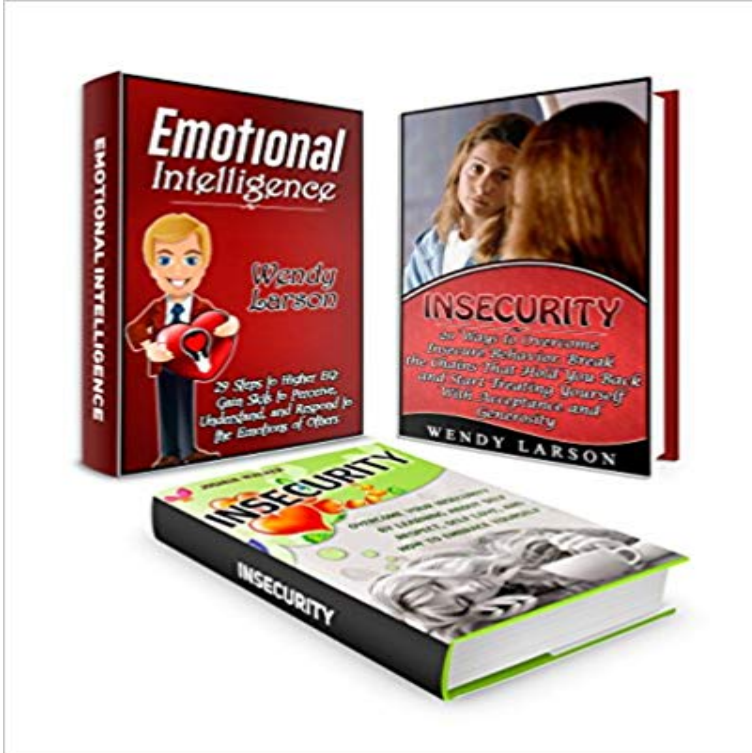


Emotional Intelligence Box Set: 49 Steps to Higher EQ. Learn about Self Respect, Self Love, and How to Embrace and Treat Yourself With Acceptance and Generosity ... Box Set, self respect, self love)



BOOK #1: Emotional Intelligence: 29 Steps to Higher EQ: Gain Skills to Perceive, Understand, and Respond to the Emotions of Others Emotional Intelligence is not a new concept. Popularly known as EQ, it has surpassed the more traditional IQ or intelligence quotient, in your dealings with other people. Clever people are great, but they are not always very nice people. This is the main reason that investing in your EQ is very important, more so than even a high IQ! This eBook will help you, and cover some of the basics involved in the development of your EQ muscle. You will learn the following important aspects: You will be shown what exactly emotional intelligence is You will learn how to develop your EQ You will be talked through 29 ways that you can help build yours EQ Why EQ Is Important

BOOK #2: Insecurity: 20 Ways to Overcome Insecure Behavior. Break the Chains That Hold You Back and Start Treating Yourself With Acceptance and Generosity Insecurity is a crippling mental state that keeps many from living a life of contentment and fulfillment. When someone struggle with feelings of low worth and low self-esteem, they will always be at the mercy of their thoughts, feeling that they are unworthy. Unworthy of success, love, happiness, and anything that is worthwhile and brings joy and peace. Insecurity must be identified and resisted at all cost. The book Insecurity - 20 Ways to Overcome Insecure Behavior. Break the Chains That Hold You Back and Start Treating Yourself With Acceptance and Generosity provides straightforward, practical advice on how to identify insecurity, deal with it head-on, and prevent it from returning. The book deals with such topics as: Dont Let Your Past Take Your Future Hostage Your Biggest Mistake Giving In To The Fear of Making Mistakes Embrace Change Before It Strangles You The Pitfalls of Comparison When Opportunity Knocks,

Answer The Door Use Fear As a Doormat and a Springboard Trust Your Instincts Not! BOOK #3: Insecurity: Overcome Your Insecurity by Learning about Self Respect, Self Love, and How to Embrace Yourself Showing love, respect and embracing who you are is a key foundation to being happy. Everyone has insecurities and everyone at some time or another has wanted to change something about themselves. It is important to value yourself, with all the changes in life we often lose focus of who we are and just try to get along. The only person who can improve anything in your life is you, whether it be your financial situation, social circle or figure. Life is ever evolving and so are people and their personalities, there will definitely be times in life when you need a little bit of reinforcement and support, and for those you can look back at these words. This ebook aims at finding the way to personal happiness and improving your daily life by working to resolve insecurities and personal stresses. Here is what you will learn after reading this book: Defining Love - What it Means to The Self Learning to Love Yourself - Tips, Methods and Goals Respecting Yourself - Why Confidence and Self Esteem are so important Learning To Embrace your Flaws - Working to Alleviate Social Stresses Finding Your Place and Discovering Your Passion - Why Self Fulfilment is crucial to happiness How and why to care for others Getting Your FREE Bonus Download this book, and find BONUS: Your FREE Gift chapter right after the introduction or after the conclusion. Download your copy of Emotional Intelligence Box Set by scrolling up and clicking Buy Now With 1-Click button.

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