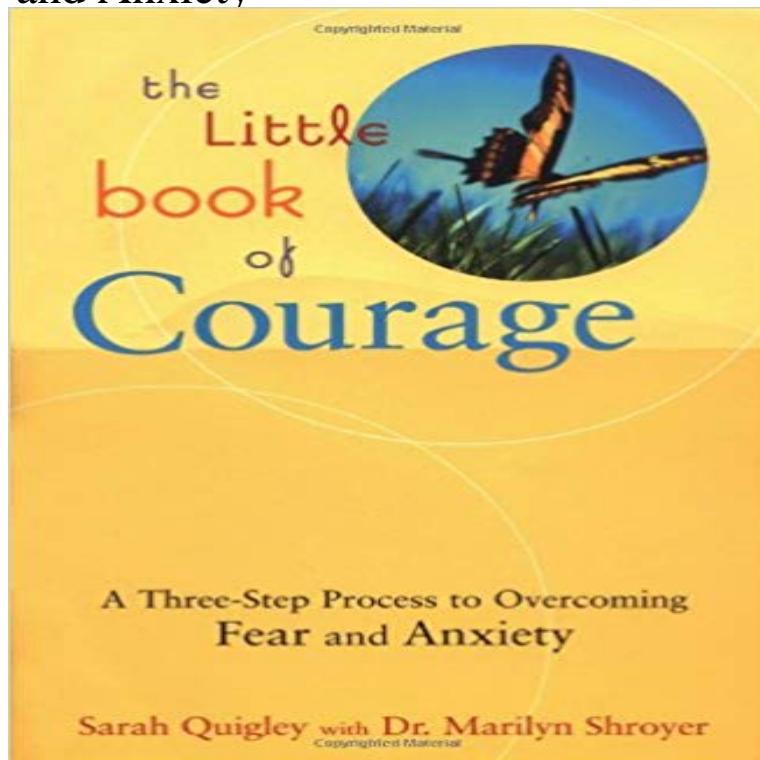


The Little Book of Courage: A Three-Step Process to Overcoming Fear and Anxiety



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